



2024

IN CAREER FASHION DESIGN



VASTRA INSTITUTE OF HIGH FASHION

- VASTRA ISTITUTO DI ALTA MODA -

VASTRAFD.COM

FASHION DESIGN COULD BE A -

CAREER
PASSION
HOBBY
CREATIVE
OUTLET
SELF-
EXPRESSION

Whether you pursue it professionally or as a creative outlet, fashion allows you to explore your individuality, innovate, and make an impact on the world through style.

BEAUTY & DESIGN

*Fashion as a career is the art of turning imagination into identity,
where creativity meets purpose and style shapes the future.*

neha hurkat

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ashion design is an ideal and serious profession for individuals passionate about creativity, innovation, and self-expression. As one of the most dynamic industries, fashion plays a crucial role in shaping cultural identities and influencing global trends. A career in fashion design goes beyond creating beautiful garments—it involves mastering the art of storytelling through fabric, color, and design, which makes it a fulfilling profession for creative minds.

The fashion industry is also highly competitive, requiring designers to possess not only artistic talent but also strong business acumen. Fashion designers must stay updated with market trends, consumer preferences, and technological advancements to stay relevant. This blend of creativity and strategy positions fashion design as a serious and challenging career, offering immense growth opportunities in areas such as luxury fashion, ready-to-wear collections, sustainable fashion, and even digital fashion.

Moreover, the demand for designers is consistent, as clothing is a basic human need, and fashion continues to evolve with societal and environmental changes. With the rise of global fashion brands, there are countless opportunities for designers to work internationally or establish their own label, making it a lucrative profession for those willing to put in the hard work and dedication.

admissions are open

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a career
that's
always
relevant.

People will always need clothes, and every piece of clothing needs a designer. **Step into a profession that will always remain in style.**

career prospects

as a
fashion designer

- **Fashion Designer (Apparel/Accessories)**
- **Textile Designer**
- **Fashion Stylist**
- **Costume Designer (Film/Theater)**
- **Fashion Illustrator**
- **Fashion Merchandiser**
- **Fashion Buyer**
- **Fashion Consultant**
- **Trend Forecaster**
- **Fashion Blogger/Influencer**
- **Sustainable Fashion Designer**
- **Technical Designer**
- **Pattern Maker**
- **Footwear Designer**
- **Jewelry Designer**
- **Fashion Marketing and PR Specialist**
- **Fashion Brand Manager**
- **Visual Merchandiser**
- **Fashion Product Developer**
- **Couturier (Haute Couture Designer)**



syllabus

**grow from
a fresher
to an expert**

SEMESTER 1

6 MONTHS CRASH COURSE: FOUNDATIONS OF FASHION DESIGN

PATTERN MAKING

- A001** Introduction to fundamental pattern blocks.
- A002** Developing drafting skills for various garment components.
- A003** Quarter-scale pattern drafting project.

SEWING TECHNOLOGY (PRACTICAL MODULE 1)

- A004** Mastery of basic garment construction techniques.
- A005** Operation and handling of industrial sewing machines.
- A006** Accurate body measurement techniques for custom-fit garments.
- A007** Overview of stitch types, including seams and finishes.
- A008** Exploration of various sleeve, neckline, and collar constructions.
- A009** Practical sewing project involving the creation of over 20 adult garments.

TEXTILE STUDIES

- A010** Understanding fabric grainlines & their importance in garment construction.
- A011** Study of textile types, including fiber content, weaves, and fabric behavior.

COLOR THEORY

- A012** Understanding color basics
- A013** Application of color in fashion
- A014** Colour Scheme and Combinations
- A014** Study of colour wheel

SEMESTER 2

ONE YEAR CERTIFICATION COURSE: BUILDING CORE SKILLS

DESIGN FOUNDATION

- B001** Exploration of design principles and elements, including balance, contrast, rhythm, and unity.
- B002** Introduction to creative thinking techniques, fostering innovative design approaches.

FASHION ILLUSTRATION

- B003** Basic fashion sketching skills, focusing on the proportion and structure of garments.
- B004** Introduction to figure drawing, including human anatomy for fashion design.
- B005** Depiction of different fashion poses for design presentation.
- B006** Introduction to fabric draping techniques to simulate garment flow and fit.
- B007** Rendering textures to illustrate various materials.
- B008** Coloring techniques for fashion sketches using media such as markers, watercolors, and digital tools.
- B009** Thematic fashion illustration, focusing on the creation of cohesive design stories.
- B010** Exploration of design themes, translating concepts into visual fashion ideas.

INTRODUCTION TO TEXTILE

- B011** Basic knowledge of textiles, including fabric construction, fiber types, and material properties.
- B012** Understanding the behavior and application of different fabrics and materials in garment production.

PATTERN MAKING TECHNIQUES – PART 2:

- B013** Intermediate pattern-making skills, advancing from basic blocks to more complex garment structures.
- B014** Advanced drafting techniques for creating precise garment patterns.
- B015** Detailed drafting and construction of various garment components, including sleeves, necklines, collars, skirts, pants, gowns, traditional wear, and children's clothing.

KID'S GARMENT CONSTRUCTION

- B016** Fundamentals of designing children's wear, focusing on age-appropriate styles.
- B017** Understanding the proportions and measurements specific to children's clothing.
- B018** Construction of over 10 garments featuring frills, bows, and variations in sleeves and necklines.

GARMENT MANUFACTURING TECHNOLOGY (GMT)

- B019** Overview of the garment production process, from design to final manufacturing.
- B020** Operation of various types of industrial sewing machines.
- B021** Techniques for accurate body measurements to ensure proper fit.
- B022** Study of standardized measurement size charts for various garment categories.
- B023** Exploration of different stitch types, including seams and finishing techniques.
- B024** Detailed exploration of sleeve, neckline, and collar variations in garment construction.
- B025** Production of 20+ adult garments, covering both traditional and Western styles.
- B026** Introduction to the Winifred Aldrich basic bodice and skirt block for accurate pattern drafting.
- B027** Techniques in dart manipulation to enhance garment shaping and fit.

BASIC EMBROIDERY

- B028** Introduction to hand embroidery techniques, focusing on decorative stitching methods.
- B029** Application of basic decorative stitches such as satin stitch, backstitch, and chain stitch.
- B030** Techniques in mirror and lace work for textile embellishment.

THEORY OF DYEING

- B031** Introduction to dyeing techniques, including direct, resist, and discharge dyeing methods.
- B032** Experimentation with color applications on various fabrics to achieve desired effects.

FABRIC PAINTING

- B033** Introduction to the types of brushes and fabric paints used for textile decoration.
- B034** Learning various brush strokes and painting techniques for fabric and canvas, such as blending, stippling, and layering for design application.

GROOMING & COMMUNICATION SKILLS

- B035** Developing personal presentation skills, emphasizing grooming, attire, and professional demeanor for the fashion industry.

Introduction to basic industry communication skills, focusing on verbal and non-verbal communication essential for interacting within professional fashion settings.

INTRODUCTION TO FASHION

- B036** Overview of fundamental fashion concepts and industry dynamics.
- B037** Introduction to the global fashion industry, including key players, fashion weeks, and production cycles.

SEMESTER 3

TWO YEAR CERTIFICATION COURSE: INTERMEDIATE TECHNIQUES AND APPLICATIONS

ADVANCED FASHION ILLUSTRATION

- C001** Mastery of detailed fashion sketching, including advanced anatomy and garment draping techniques.
- C002** Exploration of different illustration styles, such as realistic, stylized, and editorial fashion illustration.
- C003** Theme-based illustration for menswear and womenswear, focusing on seasonal trends and design aesthetics.
- C004** Advanced coloring techniques using a variety of media, including markers, watercolors, digital tools, and mixed media.
- C005** Project work for developing illustrations into actual Garments

PATTERN MAKING TECHNIQUES PART 1

- C006** Advanced pattern-making skills, focusing on creating intricate garment structures and construction methods.
- C007** Techniques for designing and drafting complex garment patterns, including multi-layered or asymmetrical designs.

C008 Bridal Wear: Specialized pattern-making for bridal wear, emphasizing silhouette, fit, and garment detailing for gowns and formal attire.

MULTIPLE DART SERIES

C010 Advanced techniques for designing and manipulating multiple darts to achieve tailored shaping and contouring in garments.

Application of multiple dart series in bodices, skirts, trousers, and dresses for enhanced fit, style, and precision.

FORMAL WEAR DESIGN (MEN'S AND WOMEN'S)

- C011**
- Pattern-making and construction techniques for men's and women's formal wear, focusing on structured garments such as tailored suits, blazers, evening gowns, and cocktail dresses.
 - Emphasis on achieving proper fit, fabric selection, and garment finishing details suitable for professional and formal occasions.

TRADITIONAL WEAR DESIGN (MEN'S AND WOMEN'S)

- C012**
- Pattern drafting and construction of traditional garments for men and women, such as kurtas, sarees, sherwanis, lehengas, and other ethnic clothing.
 - Combining traditional design elements with modern techniques to create culturally inspired yet contemporary pieces.

GARMENT CONSTRUCTION (PRACTICAL 2)

C013 Intermediate garment construction skills, focusing on more complex garments and refined sewing techniques.

C014 Application of advanced sewing techniques, including specialized seams, fastenings, and finishing methods to achieve professional-quality garments.

C015 Construction of 10+ Men's Garments

C016 Construction of 20+ Advanced Women's Garments

SURFACE ORNAMENTATION

C017 Application of Decorative Elements to Garments

C018 Utilization of Beads, Sequins, and Other Embellishments

CAD (PRACTICAL 1)

C019 Mastery of Advanced CAD Skills

C020 Detailed Garment Design Using CAD Software

HISTORY OF INDIAN COSTUMES

C021 Comprehensive Study of Indian Traditional Attire

C022 Influence of Traditional Wear on Contemporary Fashion

MARKET SURVEY & SWATCH BOARD CREATION

C023 Conducting Market Research

C024 Development of Swatch Boards for Fashion Collections

INSPIRATION ON PROJECT (PRACTICAL 1)

C025 Developing Design Inspiration

C026 Conceptualizing Fashion Projects

STYLING

C027 Fundamentals of Fashion Styling

C028 Coordinating Outfits and Accessories

C029 Photo Shoot Techniques

DESIGN PROCESS

C030 Understanding Design Thinking

C031 Structured Approach to Fashion Design

BOUTIQUE MANAGEMENT

C032 Introduction to Retail Management

C033 Fundamentals of Operating a Fashion Boutique

FASHION SHOW TRAINING

C034 Preparation for Fashion Shows

C035 Presentation and Runway Skills

SEMESTER 4

ADVANCED TECHNIQUES AND SPECIALIZATIONS

FASHION FORECASTING (PRACTICAL 1)

D001 Predicting Future Fashion Trends

D002 Incorporating Trends into Design Projects

MEN'S WEAR PROJECT (PRACTICAL 2)

D003 Designing and Constructing Men's Garments

D004 Emphasizing Proper Fit and Styling

ADVANCED STYLING

D005 Mastering Advanced Styling Techniques

D006 Coordinating Complex Outfits and Looks

INTRODUCTION TO DRAPING

D007 Fundamentals of Fabric Draping

D008 Creating Garments on Mannequins

RETAIL MARKETING & VISUAL MERCHANDISING

D009 Marketing Strategies for Retail

D010 Principles of Visual Product Display

ADVANCED FASHION ILLUSTRATION 2

D011 Professional-Level Fashion Drawing

D012 Advanced Illustration Techniques

APPAREL DESIGN

D013 Advanced Design Techniques

D014 Creating Detailed Fashion Collections

DESIGN CONCEPT

D015 Developing Unique Design Ideas

D016 Incorporating Unique Design Concepts into Fashion Collections

PMT & GMT COMBINED

D017 Integrated Pattern Making and Garment Manufacturing

D018 Practical Application of Techniques

TRADITIONAL EMBROIDERY

D019 Exploration of Cultural Embroidery Techniques

D020 Advanced Decorative Stitching Methods

VENDOR DEVELOPMENT

D021 Sourcing Materials for Fashion Production

D022 Building Vendor Relationships and Ensuring Quality

PORTFOLIO DEVELOPMENT

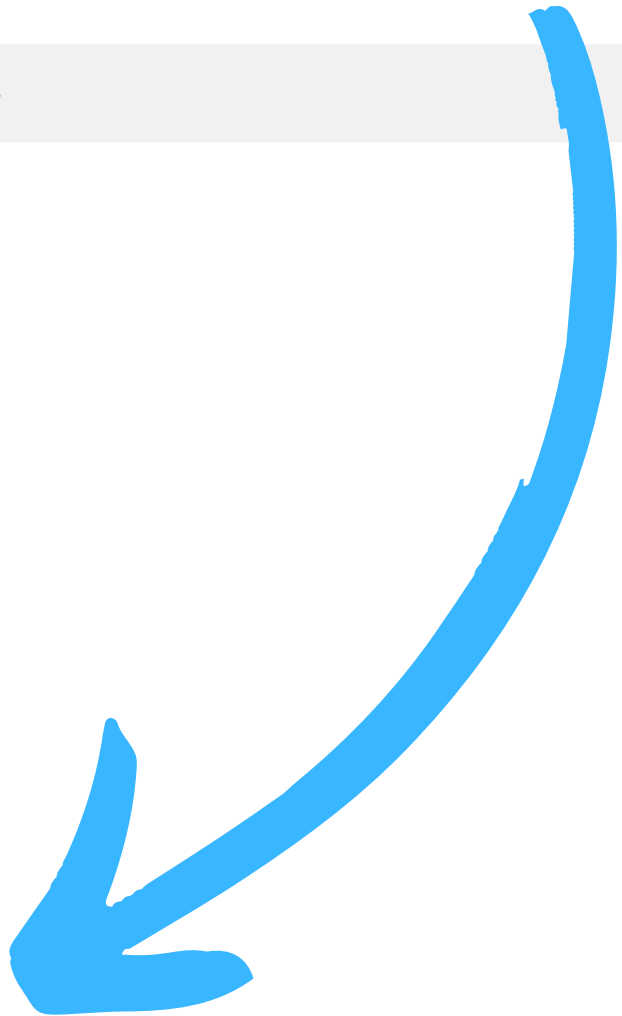
D023 Creating a Professional Portfolio

D024 Showcasing Your Best Work

FABRIC MANIPULATION

D025 Techniques for Fabric Manipulation

D026 Creating Unique Textures and Patterns



**got
questions?**

drop by!

we are in nigdi.

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ADMISSIONS

☎ 9876543210

PLOT: 123, SECTOR:98, NIGDI PRADHIKARAN, PUNE - 411044

vastrafd.com